

**ASSOCIATION OF  
MEDICAL  
DOCTORS OF  
ASIA**

**AMDA**



**GLOBAL  
PARTNERSHIP FOR  
SUSTAINABLE  
PEACE**

**AMDA  
Annual Report  
2019**

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# Global Partnership for Sustainable Peace

In the spirit of

*Sogo-Fujo*

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‘**Sogo-Fujo**’ is a cycle of giving and receiving, a traditional value deeply rooted in the Japanese close-knit community life.

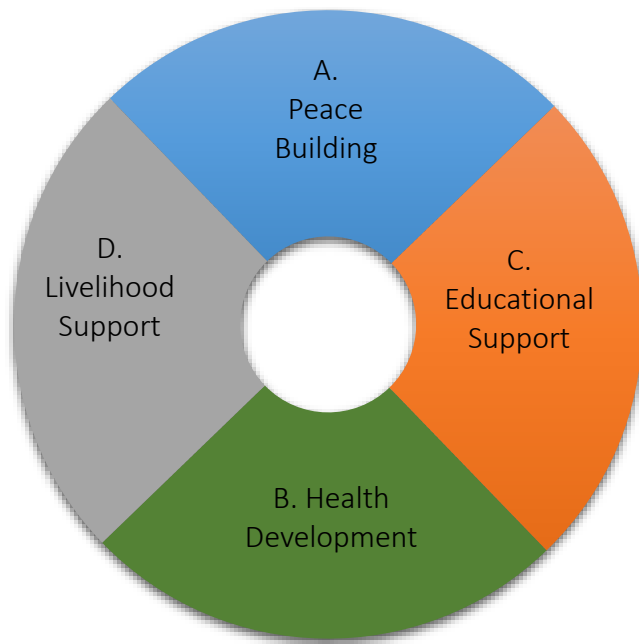
‘**Sogo-Fujo**’ is something we are all born with regardless of race, religion, or culture. We all have the desire to help others and to be of service to the community in which we live.

‘**Sogo-Fujo**’ creates a true partnership based on respect and trust for each other. Human dignity and pride must be respected at all times especially for people at the receiving end of the assistance. People in need of help today may be the service-giver of tomorrow or in other occasions.

‘**Sogo-Fujo**’ unites the world. We will never abandon each other as we all are equally irreplaceable as part of the whole global community. Each community with its own culture and sentiments should be embraced as a powerful element for peaceful coexistence of diversity and not as a dividing force.

AMDA advocates ‘Open Sogo-Fujo’, a universal foundation of peace, extending mutual assistance across and beyond one’s community.

# What is GPSP?



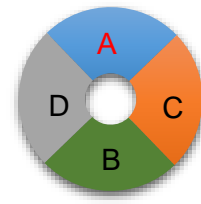
In 2014, AMDA established a concept of global network named, “Global Partnership for Sustainable Peace” (GPSP). The aim of this network is coexistence of diversity which is virtually indispensable for world peace. Under this concept, programs have been developed beyond borders with the philosophy of *Open Sogo-Fujo* (which literally means “mutual support/help” in Japanese), the universal value of the 21<sup>st</sup> century, as its main theme. The framework consists of four fields of activities, namely, A) peace building, B) health development, C) educational support, and D) livelihood support.

AMDA defines peace as “today’s family life with hope for a better tomorrow.” “Today’s family life” symbolizes a healthy family condition where one has sufficient food to maintain a decent living. The phrase, “hope for a better tomorrow” points to providing education to children. The said four fields of GPSP activities have been set to abate conflict, disaster, and poverty, all of which are considered hindrances to realizing peace.

By involving governments, local public authorities, public interest groups, corporate enterprises, and academia, AMDA hopes to enlighten the world with the concept of *Open Sogo-Fujo* to realize coexistence of diversity. This is the end goal of Global Partnership for Sustainable Peace.

**Global  
Partnership  
for  
Sustainable  
Peace**

## A. Peace Building



## Emergency Relief



*Typhoon Hagibis, Japan (October)*



*Floods in Kurigram, Bangladesh (July)*

AMDA is extending a helping hand to those who are affected by both natural and man-made disasters around the world. As timely dispatch of relief personnel and aid delivery are crucial for emergency assistance, AMDA keeps an eye on the latest developments and responds to the changing needs on the ground.

### **Cyclone Fani, Odisha, India (May)**

Cyclone Fani, the worst cyclone to hit South Asia in 20 years, struck the east coast of India in early May 2019. More than 1.5 million people in the expected cyclone-path areas both in and around the state of Odisha were evacuated before the cyclone made landfall. According to the state emergency operation center, 64 deaths were reported and approximately 17 million people in 14 districts were affected (15 May 2019).



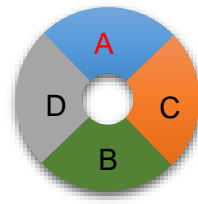
AMDA India in collaboration with its local counterpart Seva Bharati organized an aid distribution effort at five local villages, namely, Birapratapur, Pachaspole, Bhoisahi, Chandanpur and Sadar Block in the Puri district. The items were mainly blue tarps which could be used to cover damaged roofs of the houses. One aid recipient said it would help prevent leaking of rain into the house.



- Number of beneficiaries: 25 households
- Participating organizations: AMDA India, Seva Bharati Puri



## A. Peace Building



### Floods in Sulawesi, Indonesia (June)



In response to the flooding that struck Wajo on the Sulawesi island in early June 2019, a medical team from AMDA Indonesia reached out to remote communities in the region that were left stranded. According to Indonesia's disaster management authority, torrential rains battered three provinces in Sulawesi, triggering major flooding in extensive areas in which more than 1,450 families were affected in the province of South Sulawesi alone (10 June 2019).

The team visited local villages, namely, Ujungpero, Benteng Lompoe and Tonrong Tenggara to provide medical relief. Because there was no road access to Tonrong Tenggara, the team used a traditional small boat called "Katinting" to reach the community.



Later that month, the second team was dispatched to Konawe in Southeast Sulawesi for further relief work.

- Number of beneficiaries: 644 people (medical relief), 50 households (item donation)
- Participating organizations: AMDA Indonesia

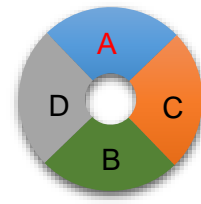
### Floods in Kurigram, Bangladesh (July)

In response to the large-scale flooding in the north-eastern part of Bangladesh, AMDA sent two nurses from Okayama, Japan.

UN OCHA reported the incessant downpours which continued from early July battered the region, leaving four million people affected (22 July 2019). The local authority earlier said 24 out of 93 areas were on high alert for further flooding as river levels had risen due



## A. Peace Building



to water flowing in from the upstream. Schools were closed because of road and railway blockades in addition to overflowing dams.

With Association for Alternative Development (AFAD), AMDA Bangladesh and AMDA carried out joint relief activities in severely-hit Kurigram in the north where approximately 200,000 households were affected. In the past, AMDA has also dispatched relief personnel to the region at the time of 2012 floods.

- Number of beneficiaries: 789 people (medical relief), 932 households (item donation)
- Participating organizations: AMDA Bangladesh, AMDA Headquarters, AFAD

### Floods in Karnataka, India (August)



In response to catastrophic floods that struck a large part of India, AMDA India conducted relief work on the 13th and 25th of August in the state of Karnataka located in India's southwest.

Monsoon downpours that had continued since the beginning of June caused floods in more than 10 states. Especially in the southwestern states of Kerala and Karnataka, flood water had been taking a toll on people's daily lives. On 20 August, NDMI (India's disaster management authority) reported that in Karnataka alone, 103 people died

and 104,746 people were affected.

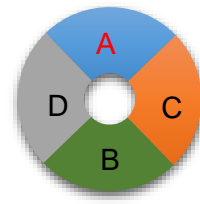
On 13 August, the State Government of Karnataka inquired AMDA India's Dr. Ramachandra to partake in a needs assessment in Kodagu and its neighboring areas. While providing hygiene education to local residents, his team visited four evacuation shelters to give guidance on precautionary measures against water-borne diseases.

On 25 August, AMDA India Chairperson Dr. Kamath launched another relief mission in rural communities around Karwar District of Uttar Kannad, Karnataka. AMDA India formed a relief team comprising one personnel, who happened to work for Karnataka State Government, and five personnel from Manipal University's Public Health Department along with Dr. Kamath himself. Lions Clubs of Kalyanpur and Karwar jointly worked with the team to provide aid to 52 households in the area. Each family received a set of relief supplies containing 20 kg of rice, dishes, clothing, blankets and towels as well as a set of Ayurvedic medicine and supplements. Local residents said AMDA was the first organization that offered new tableware and clothes in place of the items that became unusable or unwearable from inundation.



- Number of beneficiaries: About 160 people (hygiene education), 52 households (item donation)
- Participating organizations: AMDA India, Lions Club Kalyanpur, Lions Club Karwar

## A. Peace Building



### Floods in Saga (Kyushu), Japan (August)



On 28 August 2019, AMDA dispatched a relief team to flood-hit Saga Prefecture (Kyushu) in southwest Japan.

Severe downpours which struck the Kyushu region caused landslides and flooding in the extensive areas. In the town of Ohmachicho in Saga Prefecture, the greater part of the town was inundated, while an oil leakage from a local steel plant wreaked havoc on local environment, affecting farmlands, roads and residential quarters. An expert said it was the worst oil leakage the country had ever

experienced, calling the scale of the damage “unprecedented”.

The AMDA team conducted relief work with the local health-and-welfare department and municipal authorities. AMDA nurses did their rounds in Ohmachicho General Welfare Health Center Misato (an evacuation shelter), while other staff helped local health workers digitize the personal information of evacuees in optimizing the total shelter management.



■ Number of beneficiaries: 281 people (at the peak period)

■ Participating organizations: AMDA Headquarteres, Samejima Hospital



### Typhoon in Chiba, Japan (September)

In response to a huge typhoon (Typhoon Faxai) that struck the greater Tokyo region in mid-August, AMDA carried out relief work in Chiba Prefecture in the Tokyo suburb which had been faced with severe power and water outages.

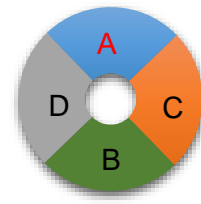
While thunderstorms and fallen trees had hampered the outage recovery work, Chiba Prefectural Government inquired the Japan Self Defence Forces (JSDF) to dispatch water trucks to a number of locations. Thousands of local residents were forced to make a long line for an emergency water supply provided by JSDF water trucks amid soaring temperatures. Meanwhile, local grocery stores and convenient stores were running out of food items.



The effort was jointly organized by Soja City Government and Akaiwa City Government (both located in Okayama), both of which have been official AMDA partners in the realm of emergency disaster relief. The personnel mainly engaged themselves in needs assessments in Kimitsu and Minamiboso,



## A. Peace Building



interviewing local residents and people at medical facilities.

■ Participating organizations: AMDA Headquarters, Soja City Government, Akaiwa City Government

### **Civil Unrest in Papua, Indonesia (September)**



AMDA Indonesia dispatched one doctor to the state of Papua in Indonesia in response to the civil unrest that occurred in the city of Jayapura on 23 September 2019. Amid rising ethnic tensions in the region, about 30 people were killed during the protest that day. Because of this, approximately 3,000 people had been forced to flee homes and seek shelter elsewhere.

The AMDA doctor entered the city of Wamena on the 29th and provided relief items including rice, noodles, diapers and other daily necessities to those who had been taking refuge.

■ Number of beneficiaries: About 60 households  
■ Participating organizations: AMDA Indonesia

### **Earthquake in Maluku, Indonesia (October)**

AMDA Indonesia sent a relief team to the state of Maluku in Indonesia which was affected by devastating quakes that occurred on 26 September 2019. Numerous sways continued after the initial mag.6.5-quake, which led 115,000 people to be evacuated by 1 October. According to a UN source, more than 6,000 buildings were damaged.

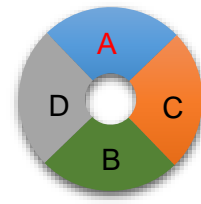
For this mission, AMDA Indonesia teamed up with personnel from University of Muslim Medical School, AMSA-UMI (Asian Medical Students' Association University of Muslim Branch), Ibnu Sina Hospital Makassar, and University of Pattimura.



The joint team started providing aid after arriving at the disaster site on the 1st. For the following four days, the team collaborated with a local NGO and the Indonesian army to visit Haruku and Ambon Islands. Besides providing medical relief at local clinics and military facilities, the team also donated blankets and other relief items.

From the 5th, the team moved to Seram Island where it set up temporary clinics at two evacuation shelters located in the western part of the island. For the following two days, the team offered medical assistance to a total of 246 patients while offering mental care to those afflicted by the plight. The team also provided tents for Muslim residents to set up a prayer place as there was no space allocated for that purpose in evacuation shelters.

## A. Peace Building



Common medical problems seen at three islands were external injuries, skin itch, body aches as well as diarrhoea and coughs.

- Number of beneficiaries: More than 336 people
- Participating organizations: AMDA Indonesia, Muslim University AMSA, Muslim University Medical School, Ibnu Sina General Hospital, Pattimura University

### Typhoon Hagibis, Japan (October)



In response to the strong typhoon that affected the extensive areas of east Japan, AMDA carried out emergency relief in Fukushima, Miyagi and Nagano Prefectures from mid-October to early November.

#### -Fukushima:

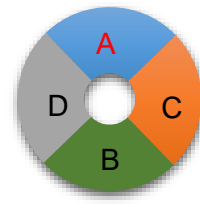
A joint team of AMDA and its \*partner-municipalities arrived in Soma City, Fukushima on 14 October. From the following day, the team started working in Sports Arena Soma where 58 people had been seeking shelter. While closely monitoring the health conditions of evacuees, on the 15th, the team (which included a physiotherapist) interviewed about 20 people to grasp their situations and the extent of the damage they suffered.

From the 16th, the joint team (one nurse, one coordinator and one physiotherapist) launched a range of activities at Sports Arena Soma (52 evacuees) in Soma City, Fukushima Prefecture. In line with the health-related hearings with evacuees, the team, the shelter administrator and public health nurses decided to furnish disinfectant sprays at the entrance and in toilets to minimize the risk of infectious outbreaks. At the same time, a makeshift cafeteria was set within the shelter as a place for people to eat and lounge.



With a physiotherapist and nurses being its core members, the team worked around the clock to offer general consultations for those who were anxious about their health conditions or people on medication. After sharing all the findings with the city's public health nurses up to that point, AMDA handed over the work to Soma City Health and Welfare Department on the 18th.

## A. Peace Building



\*Two cities in Okayama Prefecture, Soja and Akaiwa, are AMDA's partner-municipalities in the realm of disaster relief.

### -Miyagi (Marumori Town):

On 16 October, Sennan Health Bureau in Miyagi Prefecture inquired AMDA to work in the town of Marumori located in the prefecture's southern region. Accordingly, AMDA provided aid at Marumori Elementary School which had been an evacuation hub with TMAT, a Japanese NGO also specialized in medical relief. As the relief was prolonged, AMDA conducted an array of efforts by dividing the team into two groups, namely, a health support team and an environmental management team. This allowed AMDA to provide comprehensive assistance which included activities such as daily rounds by the nurses, acupuncture therapy, and toilet cleaning.



■ Number of beneficiaries (Fukushima+Miyagi): 78 people (medical relief), 567 people (item donation)

■ Participating organizations: AMDA Headquarters, Soja City Government, Akaiwa City Government, Disaster Reconstruction Centre MIRAI

### -Nagano:

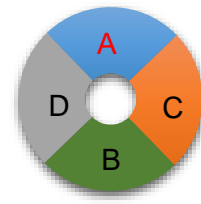
On 14 October, AMDA team comprising doctors and nurses collaborated with Nagano City's public health nurses to conduct needs assessments in 16 evacuation shelters in Nagano City. The findings were later shared in a meeting held at the Nagano City Health Bureau in the afternoon.

As a result, it was decided that AMDA would be in charge of night-time health consultation services at shelters. Not only did it fulfill the lack of medical manpower on the ground, it also helped aid workers closely monitor the health conditions of evacuees.

From that night, AMDA started offering the night-time consultations in two locations, namely, Toyono-Nishi Elementary School and Minami-Nagano Sports Park. The elementary school had been the biggest evacuation shelter in the area in which more than 300 people were staying. AMDA sent medical personnel (a pair of nurse and doctor) to be stationed during the



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night time. Likewise, one doctor was allocated to the sports park to look after around 30 evacuees.

On the 15th, AMDA counterpart Suwa Chuo Hospital sent additional personnel to join the advance team. Having the extra staff (one doctor, two nurses and one coordinator) enabled the health consultations to be carried out 24 hours a day. Likewise, AMDA assisted the resumption of a clinic in Nagano City. The clinic was able to reaccept outpatients from 5 November, thanks to AMDA's coordination and support.

During a month-long relief operation, AMDA engaged itself in various activities including disaster assessment, hygiene management, patient consultations, cardboard-bed installation and patient referral services.

- Number of beneficiaries: Around 290 people
- Participating organizations: AMDA Headquarters, Suwa Chuo Hospital

### **Earthquake in Mindanao, Philippines (November)**



In response to the earthquakes that hit the island of Mindanao in the southern Philippines on the morning of 29 October 2019, AMDA organized two relief efforts at the disaster sites in early November.

According to the National Disaster Risk Reduction and Management Council (NDRRMC), mag.6-plus quakes struck the island one after another on the 29th and 31st, killing 21 people and leaving 424 people injured. By 5 November, close to 190,000 people had been affected and approximately 28,000 people had been displaced. The epicentre

was estimated to be Tulnan in the state of Cotabato.

#### **-First Deployment (7 November)-:**

On 7 November, AMDA dispatched its first relief team to Cotabato with AMDA Philippines and Women in National Development Security (WiNDS). From the following day, the joint team started providing relief supplies in Kinarum (Magpet) and Makilala while assisting the local hospital operation in the region.

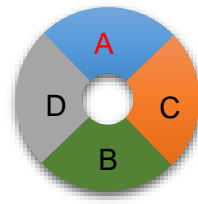


#### **-Second Deployment (22 November)-:**

On 22 November, AMDA dispatched its second relief team to provide medical assistance in Cotabato. More than 60 personnel from several organizations such as AMDA Headquarters,



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AMDA Philippines, Tagum Doctors College and Tagum Doctors Hospital took part in the aid work. Doctors, nurses, pharmacists and volunteers worked in four districts, seeing more than 600 patients in total. The doctors found upper respiratory tract infections to be the most common ailments among patients.



- Number of beneficiaries: 500 households (item donation), 628 people (medical relief)
- Participating organizations: AMDA Philippines, AMDA Headquarters, WiNDS, Tagum Doctors College/Hospital, Inc.

### **Typhoon Kammuri (Tisoy), Philippines (December)**

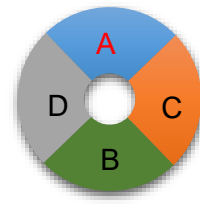
After making landfall on Sorsogon in Southern Luzon at the beginning of December 2019, Typhoon Kammuri (Tisoy) swept through the Philippines' central part without showing any sign of weakening. On 9 December, National Disaster Risk Reduction and Management Council (NDRRMC) said five people were killed, 322 people were injured and more than 95,000 people had been displaced. The affected population as a whole was estimated to top 1,560,000. In Northern Samar alone, approximately 240,000 people were afflicted and over 17,000 people had been seeking shelter.



On the 12th, a joint relief team comprising staff members of AMDA, WiNDS (Women in National Development and Security) and Philippine Navy Reserve Command set itself to provide food supplies at the town of Victoria located in Northern Samar, a town in which AMDA had conducted aid work at the time of 2015 Typhoon Nona.



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In some areas, the tide washed away everything from people's houses, personal belongings to fishing boats that were essential for those who made a living from fishery. Some said flood water had even affected the evacuation shelters, eventually forcing them to stay off the wet floors and sleep on chairs instead.

- Number of beneficiaries: 993 households
- Participating organizations: AMDA Headquarters, WiNDS, Municipality of Victoria

### Taal Volcano Eruption, Philippines (January 2020)

In response to the eruption of Taal Volcano in the Philippines in mid-January 2020, AMDA conducted a major relief effort in one of its peripheral areas.

Taal Volcano in Batangas (located approximately 70km south of Manila) erupted on the afternoon of Monday 12th, affecting extensive areas including its nearby provinces, Cavite and Laguna.

On 15 January, the National Disaster Risk Reduction and Management Council (NDRRMC) said ashes from the eruption had affected a total of 12,486 households (53,019 people), of which 10,000 households (43,681 people) had been seeking shelter at 217 evacuation centers.



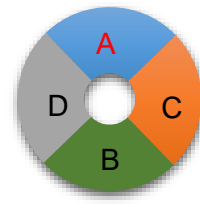
In the City of Santo Tomas, Batangas which was severely affected by the ashes from the volcano, AMDA Philippines spearheaded the relief with a staff from AMDA Headquarters, providing medical assistance and aid distribution. The team was based in Santo Tomas North Central School, a local evacuation center.

Along with AMDA, AMDA Philippines and Asian Medical Students' Association (AMSA), around 30 local partners took part in the effort which mainly consisted of medical assistance and aid distribution. For the medical part of the relief, a total of 526 people received medical and dental treatments as well as health consultations by doctors, dentists and nurses.



During the medical relief, the team saw 192 patients, most of whom had been suffering from respiratory diseases caused by volcanic ashes. In addition to fever symptoms, urinary tract infections were also seen that were most likely caused by dehydration from sweltering heat. As for the aid distribution, 1,000 units of buckets were prepared which could be used for washing or as rice containers.

## A. Peace Building



- Number of beneficiaries: 526 people (medical relief), 685 households (item donation)
- Participating organizations: AMDA Philippines, AMDA Headquarters, local companies and NGOs (300 staff)

### Floods in South Sulawesi, Indonesia (January 2020)



In response to the calamitous floods that struck a large part of Sulawesi Island in Indonesia, AMDA Indonesia dispatched two doctors to Soppeng Riaja in Barru to conduct medical relief activities. According to the local disaster management authority BPBD (Badan Penanggulangan Bencana Daerah), a total of 2,692 households were affected in Barru. It was also reported that about half of the households (1,200) were in the Soppeng Riaja district which suffered the most serious damage.

The main activity location was up 100 km north (two hours' driving distance) of Makassar, the capital of Southern Sulawesi. The doctors entered the affected site on 13 January 2020 with several staff from a local counterpart. The team brought with them medical goods and other relief items. As the activities went on, more personnel from local partner organizations joined forces with the team.

On the first day, the joint team set up a makeshift medical post to see patients with different symptoms. The number of patients totalled 86, with the most common malady being hypertension followed by itchy skin. The next day, the team handed out relief supplies including food stuffs, diapers and other daily items.



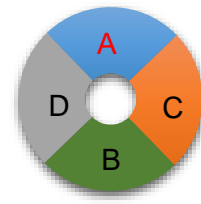
### Cold-Wave Disaster in Bangladesh (January 2020)

AMDA Bangladesh organized emergency relief activities in response to a cold wave that hit Kurigram in the northern part of Bangladesh in January 2020. In collaboration with AFAD, a local NGO based in the region, AMDA Bangladesh provided assistance to impoverished communities from 31 January to 3 February.

Kurigram is located approximately 340 km from Dhaka, the capital, and is bordering with India. Transcending the Bangladesh-India boundary flows the world-famous Brahmaputra River which is known for frequent flood inundation. A large-scale flood is said to occur every



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few years to 10 years, and it is a fair assumption that the area is not easily accessible once such a calamity strikes.



At this donation campaign, the joint team provided blankets to 500 households in total. Kurigram is still in the process of recovery in the aftermath of the 2019 flooding. Although AFAD had a major reconstruction project to be launched in April 2020, it was hampered by the COVID-19 outbreak. Despite the fact that a lot of AFAD's work has been affected by the pandemic, AFAD is hoping to resume its comprehensive livelihood assistance as soon as possible to reach out to communities.

- Number of beneficiaries: 500 households
- Participating organizations: AFAD, AMDA Bangladesh

### COVID-19 Outbreak (February 2020-)



A new-type of viral pneumonia began spreading since December 2019 in Wuhan, China, which later developed into a global threat. This is now known as the COVID-19 pandemic.

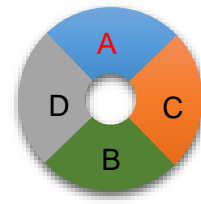


### Face Mask Donation to China

At the end of January 2020, AMDA called on its international network of chapters and relevant organizations to see if face masks could be procured in their own countries in the hope of sending them to China. As a result, it was understood that the situations surrounding the mask shortage was much the same in every country. To begin with, AMDA Headquarters in Japan made the first donation to



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China with its own stock of supplies (1,000 pieces of face masks) to confront the situation on 3 February 2020.

After that, the donation drive continued. On 23 February, 16,000 masks which AMDA Nepal sent arrived in Beijing three weeks after the shipment. The Japanese Association in Beijing acted as the receiving end to help supply the aid to local medical facilities and Japanese nationals residing in the city. The masks were also sent to people in Tianjin which seemed to have brought so much relief to them.

- Beneficiaries: Local schools, organizations and medical facilities in China
- Participating organizations: AMDA Headquarters, AMDA Cambodia, AMDA Nepal, Okayama Chamber of Commerce, the Japanese Association in Beijing, an individual donor in Vietnam

### AMDA Philippines: Online Consultations and Item Donations



Meanwhile, AMDA Philippines launched a program to offer free online medical consultations, medication counselling and psychological first aid. After the Philippine government imposed enhanced community quarantine until 13 April in Luzon and Cebu, all public transportation services were stopped. Thus, people had a limited access to medical care, along with closures of some medical clinics. The free online consultation services were to fulfill the needs of those who could not seek medical help elsewhere.

Other than the online consultations, AMDA Philippines donated a total of 160 units of N95 masks to three of its partner organizations between 13 to 18 March.

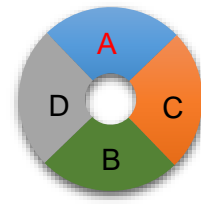
- Number of beneficiaries: 39 people (online consultations by 27 March), 160 people (mask donation)
- Participating organizations: AMDA Philippines, Global Health Pharmacy Network, Brokenshire College Pharmacy Department, University of Perpetual Help School of Medicine

### AMDA Indonesia: Hospital Patient Screening

The number of infected cases in Indonesia has been growing daily. In Sulawesi where AMDA Indonesia is headquartered, the chapter has been putting hospital visitors to screening tests at local hospitals since late March 2020. The



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screening is held between 9 AM to 3 PM, seeing up to 50 patients per day.

- Number of beneficiaries: About 200 people (online consultations by 31 March)
- Participating organizations: AMDA Indonesia

★AMDA Headquarters has been constantly communicating with its chapters in assessing the COVID-19 situations in each country on a daily basis, analyzing what initiatives could be taken to extend a helping hand to those in need.

### **List of AMDA Emergency Relief Activities in 2019**

Date	Title	Country
May	Cyclone Fani in Odisha	India
June	Floods in Sulawesi	Indonesia
July	Floods in Kurigram	Bangladesh
August	Floods in Karnataka	India
September	Floods in Saga (Kyushu)	Japan
September	Typhoon in Chiba	Japan
September	Civil Unrest in Papua (Indonesia)	Indonesia
October	Earthquake in Maluku	Indonesia
October	Typhoon Hagibis	Japan
November	Earthquake in Mindanao	Philippines
December	Typhoon Kammuri (Tisoy)	Philippines
January 2020	Taal Volcano Eruption	Philippines
January 2020	Floods in South Sulawesi	Indonesia
January 2020	Cold-Wave, Kurigram	Bangladesh
February 2020	COVID-19 Outbreak	China, Philippines, Indonesia

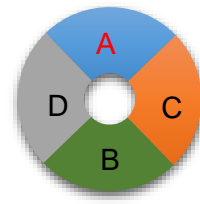
## Refugee Assistance

### **Support for Bhutanese Refugees in Nepal (1992~)**

Ethnic strife in Bhutan in the 1990s triggered the influx of Nepali-Bhutanese refugees to Nepal. Since 1992, AMDA Nepal started providing medical assistance to the refugees seeking shelter in the country's evacuation camps. AMDA Damak Hospital played a central role in this project, followed by UNHCR's involvement in which the organization officially commissioned the hospital to undertake this work as full-scale refugee assistance. Currently, AMDA Damak Hospital has been providing primary health care services at a medical post which the hospital established in each refugee camp.



- Participating organizations: AMDA Nepal, UNHCR



### Post-disaster Assistance

#### The Great East Japan Earthquake (2011～)

On 11 March 2011, an earthquake of unprecedented scale (mag.9.0) followed by the deadliest tsunami wiped out the eastern part of Japan, resulting in 15,800 deaths with over 2,500 people missing. AMDA launched emergency relief in Sendai, Miyagi Prefecture one day after the quake struck. Throughout the relief, AMDA sent 149 personnel to various locations. The emergency relief went on until the end of April followed by various post-disaster assistance. In recent years, the affected areas have been going through a transitional phase in which people started to move out of make-shift residences to council housing or newly-built houses. The imminent issue is how to rebuild local communities whose populations are dwindling.



AMDA continues to assist community development in the disaster-hit region by running AMDA Health Support Center in Otsuchi (Iwate) or offering support to “Gourmet F-1” (an annual food event) in Minami-Sanriku (Miyagi) and other locations, all of which are to help reinvigorate the local economy. Likewise, AMDA has been backing up a local NGO in the city of Sendai that offers meals to homeless people who have been forced to live on the streets after the calamity.

■ Participating organizations: AMDA Headquarters, AMDA Ohtsuchi Health Support Center, Gourmet F1 Organizing Committee, NGO “Tsudoi”, NGO “Sendai Yomawari Group”

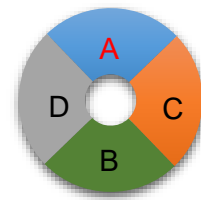
#### Supporting orphans in Haiti (2019～)

AMDA Haiti has been working with World Child House Project to support three orphanages in Haiti by donating food stuffs. All of the facilities have been faced with a lack of food supplies due to the nation’s political and economic stalemate stemming from the 2010 earthquake. Malnutrition has been the most pressing issue at the children’s homes for some time. As of now, a vegetable-garden project has also been carried out at one of the facilities with the aim of complementing food shortages.

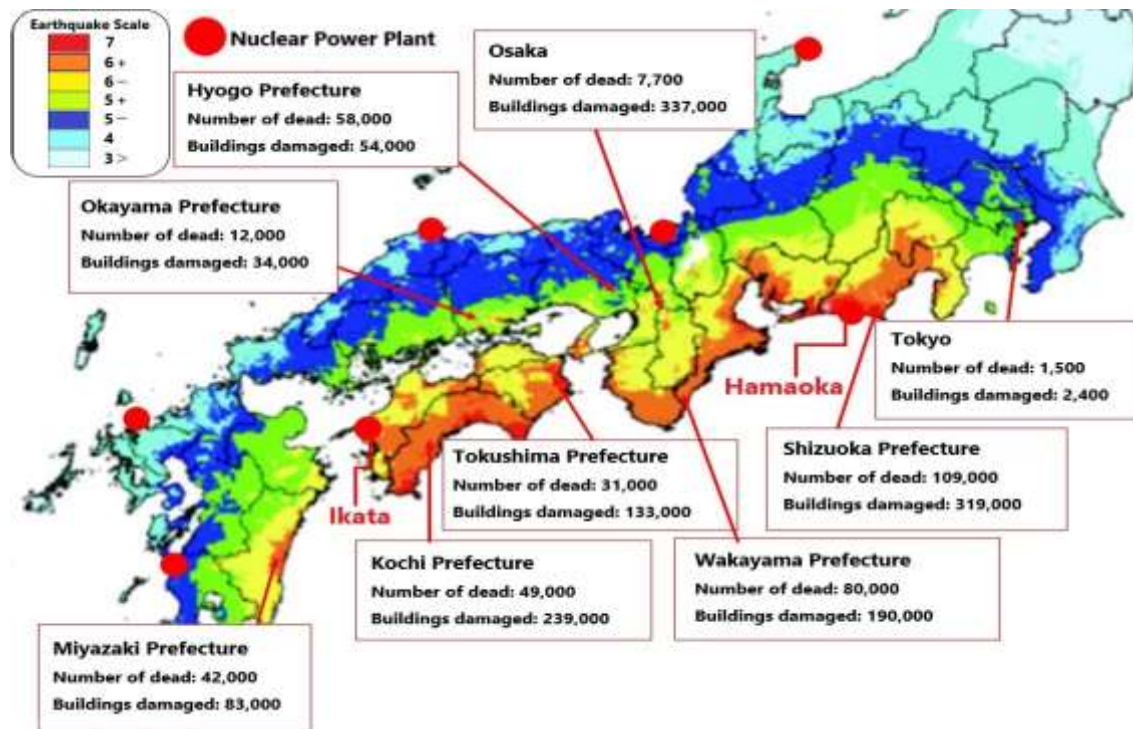


■ Participating organizations: AMDA Haiti, World Child House Project





## Disaster Response Platform



### What is the Great Nankai Trough Crisis?

The Japanese government predicts that an earthquake of immeasurable scale will strike Japan along the Nankai Trough within the next 30 years. It is predicted that the quake will cause a massive tsunami that could devastate the extensive coastline along the Pacific Ocean from Shizuoka to Miyazaki Prefectures (throughout central to west Japan). The death toll is estimated to top 300,000 with 2 million buildings destroyed.

AMDA established a comprehensive counter-disaster scheme, “AMDA Platform for Nankai Trough Earthquake Disaster Strategy” to prepare for this foreseen crisis. With the ultimate aim of being fully prepared for this calamity, the platform enables local governments, medical institutions, private corporations and NGOs to collaborate in a swift manner upon the occurrence of the disaster.

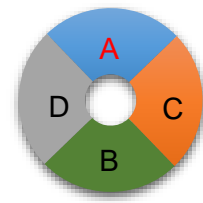


### AMDA Platform for Nankai Trough Earthquake Disaster Strategy

AMDA is focusing on the Shikoku region (Kochi and Tokushima in particular) given that, 1) the access to these areas will be difficult once the disaster strikes, and 2) aid assistance is expected to concentrate in major cities such as Osaka and Nagoya. By enhancing interactions between aid organizations, local governments and medical institutions, AMDA Platform for Nankai Trough Earthquake Disaster Strategy enables timely and coherent disaster response in the remote areas.



## A. Peace Building



### **The 6th Coordination Meeting of AMDA Platform for Nankai Trough Earthquake Disaster Strategy**



On 28 July 2019, the 6th meeting to discuss matters related to AMDA Platform for Nankai Trough Earthquake Disaster Strategy was held in Okayama, Japan. Attended by 185 representatives from municipalities, educational sector, medical sector and private business entities, the meeting was concluded by adopting a declaration to establish a scheme that collaboratively deploys experts from AMDA

and its partners in the form of a mobile task force for disaster response. Based on the experiences at the time of 2018 West Japan Great Rain Disaster, it would be the first framework of its kind in Japan that deploys specialized vehicles to tackle natural disasters in a prompt manner.



### **The 6th Training Program for AMDA Disaster Acupuncture Team**

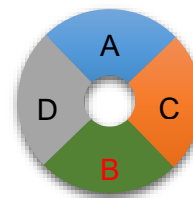
Alongside the said meeting, a special training course was organized to educate acupuncturists to be of use at emergencies in the realm of “disaster acupuncture” at a medical vocational school near AMDA Headquarters. 58 acupuncturists and students participated in the program from all

across Japan to learn the effective acupuncture methods to cater to emergency needs. AMDA President Dr. Suganami said that the strength of acupuncture is to heal the patients through direct physical contact which conveys the healers’ strong will to help whoever is in need of assistance.

Guest lecturers shared their stories from their past activities and stressed the importance of the therapy at the time of natural calamities. Some of them referred to major disaster cases in Japan that included 2011 East Japan Great Earthquake and Tsunami Disaster as well as 2016 Kumamoto Earthquake.

Participants commented that they were able to understand how efficiently acupuncturists should work in evacuation shelters under the circumstances in which manpower-aid coordination is crucial. The session taught them how people from different fields of specialties can work together in tackling emergency situations.

## B. Health Development



### Primary Health

#### AMDA Peace Clinic in Bodhgaya, India



AMDA Peace Clinic (APC) in Bodhgaya, Bihar has contributed to the local community development since 2009. The clinic offered Ayurvedic treatments as its main service in the early days. However, the clinic shifted its focus to maternal healthcare due to an increasing demand from expectant mothers. Since 2014, APC has conducted a home visit program for mothers-to-be, alongside educational workshops on childbirth delivery and child rearing. The clinic holds prenatal, perinatal and postpartum check-ups for local women on a regular basis. APC has now taken root in the community and is serving people by providing quality healthcare services to the poor.

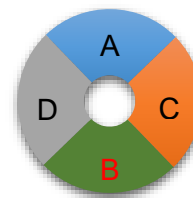
- Number of beneficiaries: 354 people (cumulative total)
- Participating organizations: AMDA Headquarters, AMDA Peace Clinic

#### AMDA Cambodia's Youth Health Education Program



In cooperation with the Provincial Health Department of Tbong Khmom, AMDA Cambodia organizes a workshop on HIV/AIDS at the Center for Peer to Peer Educators. Aiming to promote HIV/AIDS prevention, the effort is realized through a network of peer educators and those who are living with the disease since August 2005. In 2019, AMDA Cambodia held the 2nd youth forum on reproductive and sexual health as well as peer-educator training for HIV/AIDS and STD prevention. This year, the forum particularly focused on sexual health-related issues pertaining to homosexual relationships. Likewise, the National Center for HIV/AIDS, Dermatology and STDs made a presentation on current updates in regards to HIV/AIDS among homosexuals, sex workers, drug addicts and transgender people. The forum was co-organized by Chenla University's nursing school and the aforementioned provincial institution.

## B. Health Development



Since July 2015, AMDA Cambodia has also run a soccer club to encourage youths to take part in sport activities. The soccer club helps divert the youngsters from falling victim to drugs, violence and other criminal activities. For the last couple of years, Chenla University has been supporting the club. However, the club activities have been suspended due to COVID-19 since January 2020. The club is eager to resume activities once the infectious outbreak is contained.

■ Number of beneficiaries: HIV/AIDS project: 550 people (cumulative total) / Soccer club: 60 people (cumulative total)

■ Participating organizations: Yamaichi Kanko (Japan), AMDA Cambodia, AMDA Headquarters

### Medical Technology Transfer in Mongolia

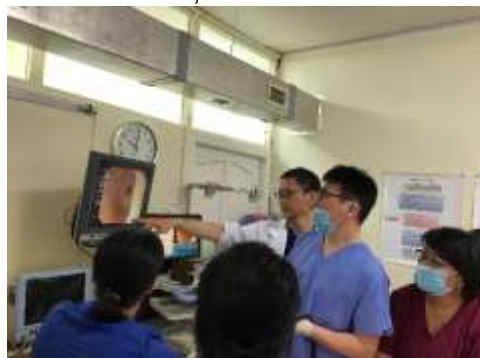
From 26 April to 5 May 2019, Prof. Takushi Sato from University of East Asia (Japan) paid a visit to Mongolia to organize AMDA's medical technology transfer projects. Besides being a faculty member of Applied Health Sciences Department at the said university, Prof. Sato has also been serving as an AMDA board member.

Since 2016, AMDA has annually held 1) endoscopy technology transfer at Mongolian National University of Medical Sciences (MNUMS), and 2) training in the realm of emergency medicine at Ulaanbaatar Emergency Service 103. For 2019, Prof. Sato also conducted emergency-medicine seminars at Erdenet Hospital and Medipas Hospital in Erdenet which is more than 300 km away from Ulaanbaatar, the capital.



*Cricothyroidotomy workshop  
(Erdenet, Mongolia)*

His contributions to the Mongolian medical sector have been highly praised by local medical officials. In fact, there has been a constant call for the continuation of the projects.



*Endoscopy guidance (MNUMS)*



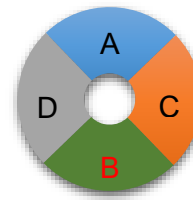
*Ulaanbaatar Emergency Service 103*

■ Number of beneficiaries: Endoscopy project: 100 people / Emergency medicine guidance: 109 people (cumulative total)

■ Participating organizations: MNUMS, AMDA Headquarters, Mongolian Ministry of Health, Ulaanbaatar Emergency Service 103, Erdenet Hospital, Medipas Hospital, Ms. Ninjin Giliyased (AMDA International Councilor)



## B. Health Development



### Mongolian Doctor to be Trained in Okayama, Japan

In August 2019, Dr. Enkh-Amar Ayush, an endoscopy physician from Mongolian National University of Medical Sciences, was invited to Japan to receive three-month training at Saiseikai General Hospital in Okayama. As part of Okayama Prefectural Government's International Contribution Project for Local-to-Local Technical Transfer initiatives, the municipality-driven effort funds programs that are aimed at propagating Japanese expertise to overseas. Upon completing the training, Dr. Amar said he would be willing to do his part after returning to his home country by making good use of skills and knowledge he attained in Okayama.



■ Participating organizations: Okayama Saiseikai Hospital, Okayama Prefectural Government, Okayama Prefectural International Exchange Foundation, AMDA Headquarters

### AMDA Doctor and Staff to Receive Prizes from Mongolia



In recognition to his notable contributions to the development of gastroenterology and emergency medicine in Mongolia, Mongolian health minister H.E Ms. Davaajantsangii Sarangerel awarded AMDA doctor Prof. Takushi Sato an honorary prize on 10 September 2019. Likewise, a letter of appreciation was sent to Prof. Sato by Mongolia Japan Teaching Hospital to thank him for his aspiration and dedication in uplifting the nation's medical technology.

At the same time, the said university awarded AMDA's Ms Tae Namba a special prize for her remarkable commitment. She received the prize in acknowledgment of her decade-long work for the betterment of Mongolia's education and medical sectors.

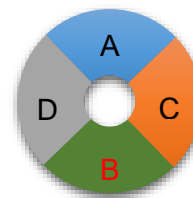
### School Health Examination in Rwanda



Since 2016, AMDA has been sending a group of Japanese doctors to Rwanda to pass on their expertise in pediatrics and transfer Japan's student medical-checkup system. (The project had been organized as part of Okayama Prefectural Government's International Contribution Project for Local-to-Local Technical Transfer initiative.) Up until now, doctors have been dispatched to Kigali, the capital, as well as to Rwanda's western regions. At Umuco Mwiza School, Japanese doctors have conducted medical checkups on students, and discussed with local medical practitioners, teachers, as well as children and their parents how pediatrics can be improved in the country. Fukushima-based NGO "Think About Education in Rwanda" has been partnering with AMDA on this project.



## B. Health Development



■ Participating organizations: AMDA Headquarters, Think About Education in Rwanda, Okayama University, Nagasaki University, Okayama Prefectural Government, Okayama Prefectural International Exchange Foundation

### Support for Children with Down Syndrome



Focusing on children with Down syndrome, AMDA Bangladesh Director Mr. Sarder A. Razzak has been supporting both the children and their parents alike for the last 10 years. This eventually led him to establish Down Syndrome Society of Bangladesh (DSS). The activity has grown into a national movement, followed by international accreditation in which his project was officially certified by a global organization specialized in this field. The society is also conducting elementary vocational training for the children to experience the joy

of self-realization.

■ Participating organizations: Down Syndrome Society of Bangladesh (DSS), AMDA Bangladesh

## AMDA GPSP Hospitals

### Japan Mongolia Friendship Hospital (Mongolia)

Established in August 2012, Japan Mongolia Friendship Hospital (JMFH) is the latest addition to the list of AMDA hospitals around the globe. While general medicine makes up 90% of medical needs at JMFH, it also runs a children's nursery in the same building. In the near future, the hospital is expected to function as a medical hub for local residents where, for instance, pregnant mothers can drop in for a prenatal health check-up or for children's vaccination. There is also a plan to have young doctors from Mongolian National University of Medical Sciences (MNUMS) stationed at the hospital for their practical training.

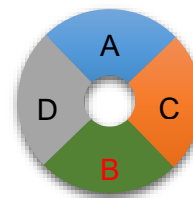


### AMDA Damak Hospital (Nepal)



AMDA Damak Hospital is a 75-bedded general hospital established in 1992 with the help of AMDA International and the Damak Municipality. In 1995, it became an implementing partner of UNHCR, and has served as a primary referral hospital for both local people and Bhutanese refugees in Nepal. AMDA Damak Hospital is now a popular hospital in the country's eastern region. The hospital provides services pertaining to anaesthesiology, general medicine, surgery, gynaecology, radiology, paediatrics, ENT, dentistry, orthopaedics and others. It also accepts medical students from different countries to offer learning opportunities.

## B. Health Development



### Siddhartha Children and Women's Hospital (Nepal)



Siddhartha Children and Women's Hospital is a 100-bedded specialty hospital for women and children. It is closely located to Lumbini, the birth place of Lord Buddha. (The name "Siddhartha" is his childhood name.) AMDA Nepal built this hospital after signing a partnership agreement with the Lumbini Municipal Government and the local chamber of commerce. The hospital also offers non-profit-based health care. The main hospital building was constructed with

Japan's financial assistance.

### AMDA Mechi Hospital (Nepal)

Located in the southeast of Nepal, AMDA Mechi Hospital was built on a land donated by a noble family who wished for better medical infrastructure in the region. The Embassy of Japan in Nepal and a few other donors also provided support. Now, AMDA Nepal is running the facility as a general medical hospital with a 15-bed capacity. The hospital is currently offering academic training for medical practitioners as well.



*Japan Afghanistan Friendship Hospital*

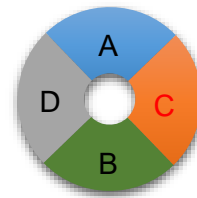


*Japan Bangladesh Friendship Hospital*

### **List of organizations with which AMDA exchanged MOU in 2019**

Date	Organization(s)
4 Sep. 2019	Mediassist4u (Malaysia) and AMDA Nepal (tripartite agreement)
5 Nov. 2019	SAARC Medical Association
16 Nov. 2019	Subbaiah Institute of Medical Sciences (India)
4 Dec. 2019	14 medical schools in Indonesia (Hasanuddin, Muslim Indonesia etc.)
26 Dec. 2019	Six Sigma Health Care (India)
27 Dec. 2019	Seva Bharati (India)

## C. Educational Support



### Educational Support

#### AMDA Students Club



Founded in 1995 at AMDA Headquarters, AMDA Students Club is a student group that carries out a range of activities which include street fundraising and peace building programs both at home and abroad. The group holds a monthly meeting to discuss issues such as international cooperation and disaster prevention. Its members consist of secondary school students from

Okayama and its neighbouring areas.

For 2019, two members of the club visited Indonesia with Dr. Suganami for one week in August to visit places relevant to AMDA's activities. At Hasanuddin Medical School, the two attended a meeting held by AMSA Indonesia where they spoke about their club activities. During this trip, they also visited Konawe which was hit by flooding that year, as well as Malino in South Sulawesi where AMDA runs an organic agriculture project. The two also visited a local nursery to observe health check-ups conducted by medical students from Hasanuddin.



#### Singaporean Medical Students to Undergo Training in Nepal's TUTH

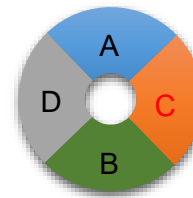


*A photo from 2018 training*

In 2018, AMDA launched "TAPP Program", a new program aimed at fostering the next generation of medical talents based on the partnership between AMDA, AMSA and AMSA Alumni. Promoting collaborative efforts between the three parties, for 2019, 14 medical students from National University of Singapore underwent three-week training at Tribhuvan University Teaching Hospital (TUTH) in Nepal during the months of May and June. (TUTH has long been affiliated with AMDA Nepal.) As the



## C. Educational Support



previous year, it was a good opportunity for the participants to experience medical settings in Nepal first-hand.



### **Japanese Junior High School Students to Pay a Courtesy Visit to the Embassy of the Republic of Indonesia in Tokyo, Japan**

For the purpose of deepening international understanding, a group of junior high school students from the Shinjo village in Okayama paid a courtesy visit to the Embassy of the Republic of Indonesia in Tokyo, Japan. The excursion was realized through connections between the village and Indonesia as AMDA has run agricultural

projects in both locations.

The students took a plunge to make a presentation about their village in English which was followed by a Q&A session. The embassy staff were impressed by the students' effort which made them interested in visiting the village the students reside.

The students seemed to be pleased to have had such a precious opportunity, commenting that while they were satisfied with their English presentation, they felt the urge to study the language more.



### **An Argentinian Trainee to be Trained at AMDA Headquarters**

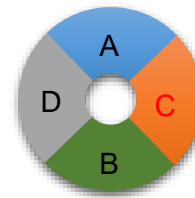


From August to October 2019, Ms. Irina Yamamoto from Argentina received clerical training at AMDA Headquarters through Okayama Prefectural Overseas Technical Trainees Aid Program.

Since the beginning of the training, Ms. Yamamoto was eager to study about AMDA's various projects and natural disasters in Japan. She also learned about Japan's welfare system with a keen interest since her college major was welfare-related. During her three months

in Okayama, she paid a visit to two welfare facilities which offered services to elderly people and those with disabilities. She was also actively involved in the activities of AMDA Students

## C. Educational Support



Club which eventually led her to join an excursion to the Kuroshio town in Kochi Prefecture. It was a study tour with a focus on disaster prevention attended by both AMDA Students Club members and Kuroshio's secondary school students.



### **Kodomo Shokudo Support Platform**

Literally translated as “children’s cafeteria”, kodomo shokudo is a voluntary-run canteen that offers nutritional meals at a reasonable cost for economically-challenged children. While similar facilities have been set up around the nation to tackle poverty, AMDA has been donating funds and food items to a few canteens in the suburbs of Okayama since December 2017.

In Okayama alone, it is said that there are 40 or so facilities that are established for similar purposes. Aside from providing food items and funds, AMDA is organizing excursions and volunteering activities for children and their parents in hopes to support children’s healthy growth.



### **Suganami Scholarship**

For many years, AMDA has supported students in challenging situations. Until now, beneficiaries of AMDA’s scholarship programs have been mainly those who wish to pursue a medical career. In the GPSP framework, AMDA encourages its international chapters and concerned parties to establish their own scholarship programs.

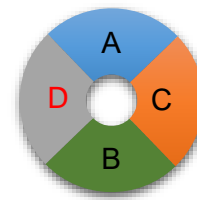
Suganami Scholarship was originally established in 2004 for capable young medical and nursing students around the world who are in need of financial assistance. Later on, the scholarship started to include a wider audience by accepting students that are not necessarily pursuing medicine or nursing.

In Mongolia, the scholarship has been supporting students at Mongolian National University of Medical Sciences since 2009. Up until 2019, a total of 4,169,716 JPY has been provided to promising medical students who are in need of financial assistance.



*Dr. Suganami and Suganami Scholarship recipients*

## D. Livelihood Support



### Livelihood Assistance

#### Organic Farming: AMDA Malino Farm (Indonesia)



In an attempt to have organic farming take root in Asian countries, AMDA has been running AMDA Food Program since 2014. The program was originally prompted by an Indonesian trainee who studied organic farming in Okayama, Japan. Ms. Ikawati, who hails from the Malino village in South Sulawesi, spent a few months as a trainee at AMDA Notoro Farm in the Shinjo village in the north of Okayama.

After bringing back the expertise to her native Indonesia, at first there was no one other than herself to practice organic farming in the village. As years went by, her effort and aspiration began to bear fruit. Now a total of 14 farmers have been growing crops organically in the village.

In addition to white rice and vegetables, the farmers have started making traditional red rice since 2019. The red rice seems to have gained a well-deserved evaluation in the city area where people are more conscious about pursuing a healthy diet.



#### **“Gotong Royong”: A spirit of mutual assistance deeply rooted in the Indonesian village society**

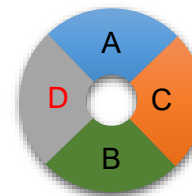
Often, the villagers in Malino get together to work on various tasks or issues with which they are faced, such as how to measure rice crops or how to control pests. What underlies their empathetic mind-set is the spirit of “Gotong Royong” which literally means mutual assistance. It perfectly conforms to AMDA’s motto “Sogo-Fujo” which is also a traditional Japanese value encompassing reciprocal assistance.

#### **Planting red rice since 2019:**

After conducting market-and-consumer surveys, the farmers came up with an idea of planting traditional red rice in January 2019. There seems to have been an obvious demand for organic red rice in urban communities although it is more expensive than conventional organically-grown white rice. Selling out all that were marketed in 2019 proved its high product potential among health-savvy city dwellers. It is for this reason that the surge in its popularity is easily foreseeable.



## D. Livelihood Support



### Market response:



The organic white rice which was sold prior to the red rice received a very good reputation. In Maros in the suburb of Makassar, a lot of people who bought the white rice were those who worked for a public agricultural research

facility such as scholars and doctors. Local college students and Japanese consulate staff were regular customers as well. A woman who works for the consulate said the rice tasted exactly the same as what she had at a local sushi restaurant.

The consumer reaction to the red rice is still being surveyed, however, the Malino farmers have been confident after learning that all of the rice was sold out. While AMDA Malino Farm is expected to grow further in 2020, the program is hoped to pave the way for organic agriculture in the Southeast Asian region.



*AMDA Malino Farm is run under the motto, "Gotong Royong" (mutual assistance)*

■ Participating organizations: AMDA Headquarters, AMDA Indonesia

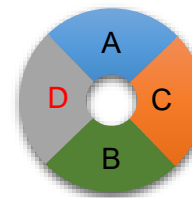
### Providing Motorcycle Helmets, India (November)

In November 2019, AMDA Headquarters, Japan India Friendship Medical Center Trust (JIFMCT) and Bodhgaya Rotary Club jointly organized a campaign to promote traffic safety by donating helmets to 100 local motorbike riders in Bodhgaya, India.



Marking its second year, the effort is aimed at reducing the number of traffic accidents in an accident-prone district. The initial inquiry was made by local police to Bodhgaya Rotary Club in 2018, asking if helmets could be donated as part of its road safety awareness initiative. Later on, it bore fruit as a full-scale effort where AMDA

## D. Livelihood Support



and the Rotary Club decided to co-purchase the goods. This also prompted both Bodhgaya Rotary Club and AMDA to conclude a MOU with a scope of cooperation in disaster relief.

Compared to the first year in which 45 helmets were provided, increasing the amount to 55 was the result of the previous year's great success. "It was held at the right time because we were about to strengthen our road-safety initiative," a local police chief, who also took part in the campaign, said.

■ Number of beneficiaries: 100

■ Participating organizations: AMDA Headquarters, Japan India Friendship Medical Center Trust (JIFMCT), Bodhgaya Rotary Club

### **Sanitary Education Workshop, India (November)**



On 13 November 2019, AMDA and its partner entities organized a sanitary education workshop at the Mathiyani village in the suburb of Bodhgaya, Bihar where most of the villagers are making a living as day labourers in farming and construction. In the previous year, AMDA also constructed a bore-well in the village.

Attended by 130 people including both children and adults, a staff from AMDA Peace Clinic in Bodhgaya who is in charge of health education, gave guidance on how to brush teeth or wash hands properly. The staff also stressed the importance of keeping oneself clean by taking a bath every day. The villagers were keenly asking questions regarding the instructions they received.

At the workshop, face towels were also donated to adults while children happily received cookies and candies as presents.

■ Number of beneficiaries: 130

■ Participating organizations: AMDA Headquarters, Japan India Friendship Medical Center Trust (JIFMCT), Ecoles de la Terre Welfare Society, Vedha Mother Teresa Welfare Trust

### **School Bag Donation, India (November)**

AMDA donated school bags to 170 students at a boarding school run by Jeanamitabh Welfare Trust in Bodhgaya, India. The school accepts children from impoverished families for free of charge. AMDA has worked with the trust since 2018 when it jointly organized a clothes donation drive for the poor. Some of the students had a privilege of receiving handmade vests provided by donors as well.



■ Number of beneficiaries: 170

■ Participating organizations: AMDA Headquarters, Jeanamitabh Welfare Trust

International Network of 32 chapters and over 100  
collaborating organizations around the world



### **AMDA International Chapters**

Afghanistan	Indonesia	Serbia
Albania	Kazakhstan	Singapore
Bosnia & Herzegovina	Korea	Sri Lanka
Bangladesh	Kosovo	Sudan
Bolivia	Malaysia	Taiwan
Cambodia	Mongolia	Uganda
Canada	Nepal	Vietnam
Colombia	New Zealand	Zambia
Guyana	Pakistan	
Haiti	Peru	
Honduras	Philippines	
India	Sakha Republic	

### **AMDA Group (Japan)**

AMDA MINDS, AMDA International Medical Information Center, AMDA Organization for  
Global Assistance and Relief, AMDA Hyogo, AMDA Okinawa  
Chapter, AMDA Kanagawa Chapter, AMDA Kamakura Club, AMDA Kochi Club,  
AMDA Fukuyama Club, AMDA Tamano Club, AMDA Otsuchi Club, AMDA Kobe  
Women's University Club, AMDA Takehara Club, AMDA Students Club





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