

NGO with UNECOSOC General Consultative Status



**Association of Medical Doctors of Asia**

**As Long as There's a Life to be Saved**

# Message from the President



△Pakistan (2010)

## Motivation + Ability + Opportunity II Self-realization

The satisfaction people derive from realizing their potential creates joy in their lives. These people will be the ones to bring peace and harmony to their own communities and eventually to the whole world.

There are two sides of the coin pertaining to this joy of living. There is joy in receiving the opportunity to fulfill one's potential and hopes. On the other hand, there is also joy in providing opportunities to help others realize their dreams for tomorrow. This cycle of giving and receiving opportunities is "Sogo-Fujo" in its true sense. "Sogo-Fujo", the unfaltering core of AMDA's existence is a traditional term meaning mutual assistance within a given community. AMDA has gone beyond the confinement of our own affinity groups, reaching out to people, far and near, whoever is in need of assistance. AMDA has opened up the spirit of "Sogo-Fujo" across and beyond one's community. AMDA has been exercising over the past few decades what I would like to term "Open Sogo-Fujo".

AMDA will pursue a more comprehensive and inclusive approach to our activities which I have named "Global Partnership for Sustainable Peace" (GPSP). It is a stepped-up version of what we have achieved since our inception in 1984. GPSP aims to realize the peaceful coexistence of diversity in which all people can live in a state of peace. Under "Open Sogo-Fujo", AMDA will fortify its present network and incorporate new partners from all possible fields for collaboration and joint activities in emergency relief and peace-building efforts. Living in an age of uncertainties politically, economically and socially with ever-increasing natural threats, AMDA will continue to seek its own way to realize and sustain peace throughout the world.

Shigeru Suganami, M.D., Ph.D.  
President, AMDA International

Today "peace" simply does not mean that there is no war or civil strife that poses suffering on people. It is a state in which **ordinary people can sustain a decent living and realize their hopes for tomorrow**. It is a state in which people with the proper motivation and ability can **realize their potential**. With sufficient and proper motivation, people's inherent capability can be unlocked once given the right opportunity. I have expressed this idea in the following equation which I believe leads to the joy of living.

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# AMDA

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## What is AMDA?

**AMDA** is a **non-governmental, non-profit organization** dedicated to realizing a peaceful community through humanitarian activities in the **medical healthcare sector**. **AMDA** was founded in 1984 in Okayama City, Japan. With its **international network of 32 chapters**, **AMDA** has worked in more than **67 countries** in partnership with various organizations including civil organizations, universities, governments, hospitals, UN agencies and other institutions. **AMDA** has been in General Consultative Status with the United Nations Economic and Social Council since 2006.



## What does AMDA do?

**AMDA** provides **emergency medical aid** to people affected by natural as well as man-made disasters. With its specialization in the medical and healthcare sectors, **AMDA** also implements **mid- to long-term social development projects** helping people to rebuild their communities.



## AMDA International Chapters



① Afghanistan	⑨ Guyana	⑰ Malaysia	⑳ Serbia
② Albania	⑩ Haiti	⑱ Mongolia	㉑ Singapore
③ Bosnia & Herzegovina	⑪ Honduras	⑲ Nepal	㉒ Sri Lanka
④ Bangladesh	⑫ India	⑳ New Zealand	㉓ Sudan
⑤ Bolivia	⑬ Indonesia	㉑ Pakistan	㉔ Taiwan
⑥ Cambodia	⑭ Kazakhstan	㉒ Peru	㉕ Uganda
⑦ Canada	⑮ Korea	㉓ Philippines	㉖ Vietnam
⑧ Colombia	⑯ Kosovo	㉔ Sakha Republic	㉗ Zambia

# Global Partnership for Sustainable Peace



'Sogo-Fujo' is a cycle of giving and receiving, a traditional value deeply rooted in the Japanese close-knit community life

AMDA's 'Global Partnership for Sustainable Peace' (GPSP) is a collection of **three values** to promote a **peaceful worldwide community**:

## Partnership

is the natural feeling of **mutual trust** and **respect** that is nurtured through overcoming difficulties **together**.

## Open Sogo-Fujo

is an expansion of 'Sogo-Fujo' into a universal value. It promotes **mutual assistance across and beyond** one's own community, regardless of **race, religion and culture**.

## Local Initiative

is maintaining the **utmost respect** for each and every community's **values and culture**.

'GPSP' encompasses **four categories** of activities:

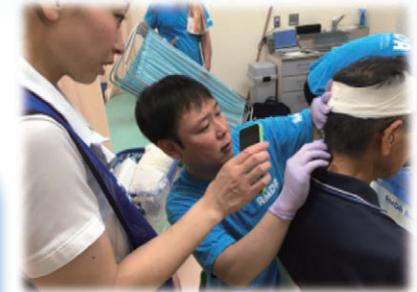


# GPSP Peace Building

AMDA's fundamental philosophy is **mutual assistance (Sogo-Fujo)**. We help those in need as our equals, **regardless of race, culture and religion**. When those once afflicted by disaster get back on their feet, they may then in-turn be in a position to help others themselves. It is a cycle of reciprocation.

## Emergency Relief

Since its foundation, **AMDA** has amassed a broad network of international chapters and other partners in order to maximize assistance to the victims of both **natural and man-made disasters**. As the swift dispatch of relief personnel and aid delivery are crucial for emergency assistance, **AMDA** keeps a close eye on the latest conditions around the world and acts as soon as disasters happen.



Medical relief in Japan



Distributing relief goods in the Philippines



Wheelchair construction program in Nepal



Cholera treatment in Haiti

## Post-disaster Reconstruction

Following the decline in emergency medical needs after a disaster strikes, **AMDA's** activities change to a **mid- to long-term community rehabilitation phase**. Especially so in less developed areas around the world, it can take a long time for daily life to return to normal. **AMDA's** role is to hasten this as much as possible by conducting a vast array of both rehabilitative activities for the affected.

# 7 AMDA's Emergency Relief Activities



## Nepal Earthquake

April 2015

A devastating earthquake struck Nepal on 25th April, **killing over 9,000 people and injuring more than 23,000.** AMDA immediately dispatched a relief team comprised of medical personnel from seven countries. After one month, AMDA initiated a range of **reconstruction assistance programs.** It conducted training for volunteer counsellors (in collaboration with the Japan Medical Association and the Nepal Medical Association) and dispatched a Japanese physical therapist to provide wheelchair parts and conduct training on how to build them.



## Kumamoto Earthquake

April 2016



In response to the magnitude 6.4 earthquake that struck Kumamoto, Japan on 14th April 2016, AMDA conducted **medical relief** in Mashiki-machi, the hardest-hit town in the area. On 16th April, another massive quake (mag. 7.3) hit the same region. All together, **50 people lost their lives** and almost **1,700 were injured.** AMDA used an elementary school as a shelter, in which the team provided **medical care** and **acupuncture services** for the affected community.



## Peru Flood

April 2017

In response to flooding and mudslides that struck Peru in March 2017, AMDA organized **medical relief** northwest of the capital, Lima. Torrential downpours caused extensive damage around the country, **affecting more than 150,000 people and killing at least 100.**

AMDA's joint relief team comprising relief personnel from AMDA and Socio En Salud (Partners in Health Peru) offered **mobile clinic services** in suburban areas which had not yet been reached by relief teams. The residents said AMDA's mobile clinic helped them a lot as it was difficult to access nearby hospitals since the disaster occurred.



## West Japan Torrential Rain

July 2018



Much of western Japan was struck by torrential rains for several days from 5th July, causing floods and landslides which resulted in **over 220 deaths** and forced a great many to evacuate their homes..

AMDA carried out **emergency relief activities** at evacuation centers in Kurashiki City and Soja City in Okayama Prefecture. Throughout its initial ER phase (from 7th July to 15th August), AMDA dispatched a total of **248 personnel**, including doctors, nurses, coordinators, acupuncturists, masseurs and student volunteers who did everything in their power to ease the victims' long and difficult evacuation conditions.



# 9 Emergency Relief Activities (2014-2018)

09/2018	Japan—Hokkaido Earthquake
08/2018	India—Kerala Flood
07/2018	Japan—West Japan Torrential Rains
02/2018	Philippines—Mayon Volcanic Eruption
12/2017	Philippines—Typhoon
09/2017	Mexico—Earthquake
08/2017	Bangladesh—Flood
08/2017	Nepal—Flood
08/2017	India—Bihar Flood
07/2017	Japan—Kyushu Flood
07/2017	Philippines—Leyte Earthquake
05/2017	Sri Lanka—Monsoon
03/2017	Peru—Flood
04/2017	Sri Lanka—Garbage Dump Disaster
12/2016	Philippines—Catanduanes Typhoon
12/2016	Indonesia—Sumatra Earthquake
12/2016	Indonesia—Bima Flood
10/2016	Haiti—Hurricane
05/2016	Sri Lanka—Floods and Landslides
04/2016	Ecuador—Earthquake
04/2016	Japan—Kumamoto Earthquake
02/2016	Taiwan—Earthquake
12/2015	Philippines—Northern Samar Typhoon
10/2015	Philippines—Pangasinan Floods
10/2015	Pakistan & Afghanistan—Earthquake
08/2015	Myanmar—Patheingyi Floods
07/2015	Taiwan—Color Powder Explosion
04/2015	Nepal—Earthquake
03/2015	Tuvalu—Cyclone
01/2015	Philippines—Leyte Typhoon
01/2015	Malaysia—Kelantan Floods
11/2014	Sri Lanka—Badulla Landslide
09/2014	India & Pakistan—Kashmir Floods
08/2014	China—Yunnan Earthquake
05/2014	Bosnia and Herzegovina—Doboj Floods



△ India (2018)



△ Sri Lanka (2016)



△ Myanmar (2015)



△ Bosnia and Herzegovina (2014)

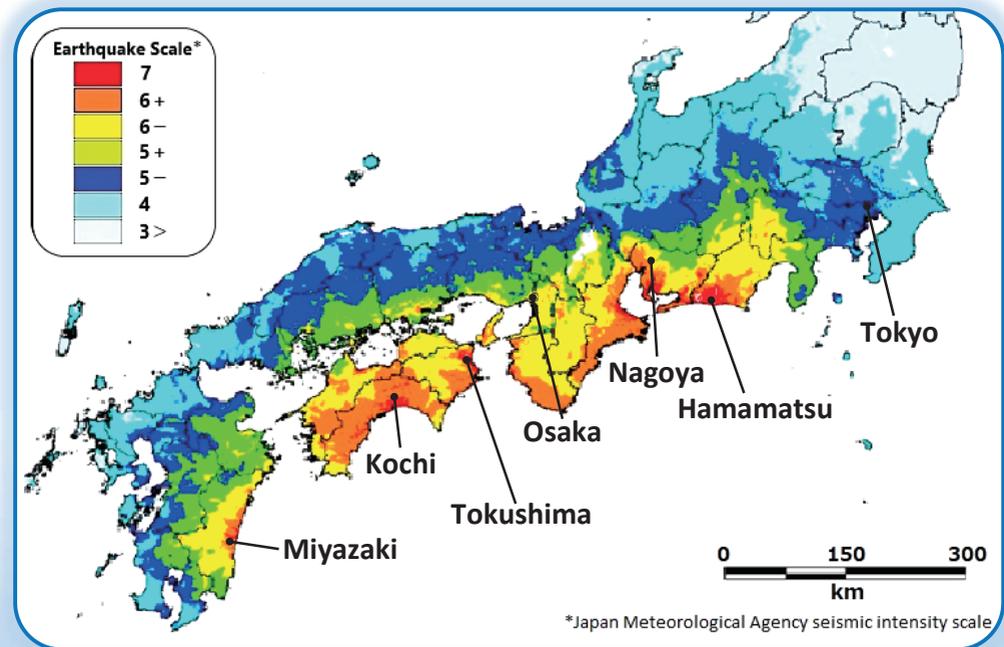
AMDAs has responded to **194** emergency cases in **67** countries and areas around the world

## Disaster Prevention

Preparing for a possible disaster in advance **saves lives**. This has become even more apparent since the 2011 Tohoku Earthquake and Tsunami which took more than **15,000** lives and left more than **300,000** homeless.

### AMDAs Nankai Trough Disaster Platform

The Japanese government predicts that an **earthquake of immeasurable scale** will strike Japan along the Nankai Trough within the next 30 years. It is predicted that the quake will cause a **massive tsunami** that could devastate the southern coastline, resulting in **over 300,000 deaths** and **two million buildings damaged**. AMDAs has established a comprehensive counter-disaster scheme, “**AMDAs Nankai Trough Disaster Platform**” to prepare for this foreseen crisis. This platform enables local governments, medical institutions, private corporations and NGOs to collaborate in a swift manner when the disaster occurs.



## Rohingya Crisis Response



Under the lead of **AMDA Bangladesh**, **AMDA** set up a **temporary clinic** within one of the Rohingya refugee camps in October 2017 in response to the most recent crisis in August 2017. The Rohingya community was displaced from their homes in Myanmar.

The **AMDA** clinic provides **free medical treatment and medicine** to anyone who needs it. Although it is obvious that **living conditions remain far from ideal**, having a secure and safe place available to receive general medical treatment seems to have instilled a sense of security among the local community.



## Peace Building Activities in Sri Lanka

**AMDA's** activities in Sri Lanka began during the ceasefire (2003-2006) of the 26 years of civil war. **AMDA** dispatched medical professionals from Japan to provide **medical services** and **community health education** to opposing sides in an **equal** manner.

From 2011, **AMDA** began an **annual youth exchange program** in Sri Lanka. Every year, Japanese students from the **AMDA Students Club** (see p.16) and Sri Lankan students **from different ethnic and religious communities** get together to do sports, dance as well as cultural and religious workshops. It is hoped that this program will encourage youths to **acknowledge** and **embrace each other's differences**.



## GPSP Soul and Medicine Program

**AMDA** believes that **healing a human soul** is essential to **peace building**. To pay tribute to war victims, **AMDA** has held the **GPSP Soul and Medicine Program (SMP)** on past battlefields around the world:

1. To conduct a multi-religious memorial service to pay tribute to those who suffered or died in conflicts and wars
2. To provide medical services to present communities



## Mongolia

In September 2017, the **GPSP Soul and Medicine Program** was held at Gandan Monastery in Ulaanbaatar, Mongolia for the tenth time. The ceremony was attended by both Mongolian and Japanese priests to offer peace prayers for the realization of a better world without war. Regardless of what one's race, religion or culture might be, **AMDA** is determined to spread the spirit of '**Open Sogo-Fuju**' to promote worldwide mutual assistance and understanding.



## Philippines

The **GPSP Soul and Medicine Program** was held in Tacloban, Leyte in the Philippines in December 2015. A memorial service was held to commemorate all lives lost in World War II and those lost when Tacloban fell victim to a large typhoon in 2013. The service was attended by both local and Japanese religious figures as well as local people.



## GPSP Health Development

One condition of attaining peace is having **adequate access to healthcare**. It is clear that many communities around the world still do not. **AMDA** has been carrying out activities with the aim of **sharing medical and general health knowledge** between developed and less-developed areas in order to **improve healthcare levels** throughout the world.

### Primary Health Care

The aim of **AMDA's Primary Health Care** program is to **promote healthcare** and **awareness** to people living in poverty or in places where health literacy is low and even basic medical care is scarce. Educating people about healthy living is indispensable for the prosperity of the entire community.



#### AMDA Peace Clinic in Bodhgaya, India

The **AMDA Peace Clinic (APC)** in Bodhgaya has been providing various **community health** and **social development** services to the local community since 2009. The **APC** conducts home visits for expectant mothers and **educational workshops** covering **childbirth** and **child rearing**.

It also provides **dental checkups** for local residents.



#### School Health Project in Cambodia



This project was initiated in 2004 to target the youth in Phnom Penh City, including university and high school students and factory and construction workers with the aim of **promoting sex education**. The main focus of this project is to **raise awareness of HIV/AIDS** and **other STDs** (sexually transmitted diseases) through **peer to peer education**.



## Medical Partnerships

**AMDA** believes that **medical knowledge should be readily accessible by all**. **AMDA** carries out a number of programs in cooperation with various medical institutions with the aim of sharing **medical knowledge** and **techniques** to everyone's benefit.



#### Endoscopy Training in Mongolia and Nepal

Endoscopy, a medical procedure used to examine the interior of the body, is indispensable for **examining, diagnosing** and **treating** illnesses such as cancer. **AMDA** has sent a Japanese specialist of gastrointestinal medicine to the Mongolian National University of Medical Sciences, as well as to **AMDA Damak Hospital** in Nepal on a number of occasions to conduct **hands-on endoscopic training sessions**.



#### School Health Checkups in Rwanda



Since 2015, **AMDA** has carried out medical development projects between Japan and Rwanda in collaboration with the Okayama Prefectural Government. These projects have included a Rwandan doctor studying in Japan and sending Japanese doctors to schools in Rwanda to **teach** local medical students, parents and children about the **importance of school health checkups**.



#### Medical Training in Japan

**AMDA** has invited doctors from countries such as Nepal and Mongolia to gain practical experience at Saiseikai Hospital in Okayama. The aim of this project is to **share medical techniques** and **knowledge** with doctors and other medical personnel from all over the world.



## Medical Mission

**AMDA** has been providing medical services to fulfill particular medical needs in areas around the world that don't have the means to do so themselves. Coordinating those needs with appropriate medical service providers is the basis of **AMDA's** medical mission.



### Haiti Dental Project

In coordination with **AMDA Haiti**, **AMDA** has been conducting **annual dental checkups** at the Bethel Clinic in Fonds-des-Negres, Haiti since 2010. Many of those who visit had never had or had only very few dental checkups in their lives. The aim of this project is to **raise awareness of the importance of oral hygiene** throughout the country.



### Eye Care in Mongolia



Since 2011, **AMDA** has been carrying out a project in Mongolia aimed at **promoting children's eye care**. **AMDA** teams have been **providing eye checkups to children** and, in collaboration with the Mongolian Ministry of Health and the Mongolia Ophthalmology Association, have been **actively promoting the need for improved eye care systems** in the country.



### AMDA GPSP Hospitals

In addition to its chapters in various countries around the world, **AMDA** operates a number of hospitals in **Afghanistan, Bangladesh** and **Nepal**. These hospitals provide **quality medical services** to local people. Many of their medical staff have studied or trained in Japan.

Another function of the **AMDA GPSP Hospitals** is to act as a **medical hub in the event of a disaster**. These hospitals allow **AMDA** to more efficiently send out relief goods and personnel.



Japan-Bangladesh Friendship Hospital

## GPSP Educational Support

**AMDA** believes that **access to education should be the right of every human being**. Given the right opportunity, anything is achievable as long as one has the motivation to push for it. **AMDA** aims to help **provide decent opportunities to those who are less privileged**. **AMDA** continues to nurture **peace makers** for the **future global society**.

### Global Human Resource Development



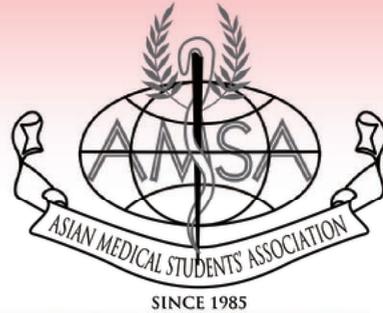
### AMDA Students Club

The **AMDA Students Club** is a volunteer group founded in 1995, consisting of Japanese middle and high school students. As volunteers, members take on various activities such as the **Peace Building Programme in Sri Lanka** (see p.11). The aim of this club is to foster a greater sense of **understanding of various cultures and beliefs** in its members, and for them to have an open, international mindset.



## Triple-A Partnership Program (TAPP)

**AMDA** works closely with **Asian Medical Students' Association (AMSA) International**, a representative organization for medical students across Asia, to **give medical students opportunities to use their knowledge in real-world cases**. It is **AMDA's** belief that this will give medical students the **wisdom to grow as effective medical personnel**.



## 'Kodomo Shokudo'

An increasing number of families are facing poverty in Japan. The term '*kodomo shokudo*' (children's cafeteria) refers to a place (a shop, a temple, an individual's house, etc.) where children can go to eat free or low-cost healthy, nutritious meals. Sometimes they even learn how to cook by themselves.

**AMDA** has been supporting *kodomo shokudo* within Okayama Prefecture so that impoverished children have better opportunities for the future.

## Student Internships

**AMDA** accepts Japanese and non-Japanese students to work as interns at **AMDA Headquarters** in Okayama, Japan. The program offers dynamic learning opportunities for students to participate in **AMDA's** various activities.

## Scholarship Programs

For many years, **AMDA** has provided students who are persevering through difficult times (following natural and man-made disasters) with financial assistance to complete their studies. Until now, the beneficiaries of **AMDA's** scholarships have been mainly students who wish to pursue a medical career.

# GPSP Livelihood Support

**AMDA** has been helping to provide communities with improved resources to support the realization of an **ideal community life**. If a community is able to live healthily and sustain a decent living, they are **one step closer to living in peace**.

## Organic Farming



"**Food is the source of life**" - This motto embodies the **AMDA Food Program** which was launched in order to spread organic farming knowledge across Asia. In 2011, **AMDA** started a farm in Shinjo Village in northern Okayama Prefecture, Japan.

Likewise, another organic farm was launched in Malino in South Sulawesi, Indonesia in 2014. At this farm, both Japanese and local farmers work hand in hand to **uplift the level of agriculture in the region**. While the program provides Indonesian farmers with training opportunities in Japan, Japanese agricultural experts are sometimes invited to Malino to give guidance.



## Livelihood Support Projects in India



In June 2017, **AMDA** provided the means for a well to be built in an impoverished village in Bodhgaya in Bihar State, India. The well provides the village with an abundant water source which can be used by local families in their everyday lives and by farmers for their crops.

As a result, **AMDA** hopes that this well will have a **positive effect on the villagers' livelihoods**. **AMDA** will continue to provide support for this village and other areas where people are living under less than ideal conditions.



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